



activeaging WEEK

OCTOBER 19-23

Mon-Wed: 8a.m. - 12p.m. | Thurs: 3 - 6:30p.m.

Friday Blood Drive: 8a.m. - 12p.m.

in the Sportplex Lobby

Sportplex

VILLAGE OF ORLAND PARK

**11351 W. 159th Street
Orland Park, IL 60467**

- Health Screenings
- **FREE** Group Exercise Classes
- Snacks
- Games
- Informational Workshops
- *Give-Aways & More*



**Tuesday, October 20th
from 9am-Noon!**

Stop by our table and say hello!



ORLAND PARK

NO REGISTRATION NECESSARY